# NingXia Greens





Product Size: 30 servings (5.3 oz.)

Item No: 41064

## TOP THREE REASONS TO ORDER:

- 1. Scoop up the benefits of 60+ fruits, vegetables, herbs, algae, and mushrooms in one easy serving.
- 2. Enjoy the power of four premium essential oils in our MultiGreens™ proprietary oil blend.
- 3. Support a healthy immune system, balanced diet, optimal digestion, and energy production.

Meet our mushroom, fruit, and vegetable powder, NingXia Greens™: a one-scoop solution to health and wellness.

#### **BENEFITS AND FEATURES**

- Packs 2–3 servings of fruits and vegetables in every scoop
- Delivers a powerful dose of antioxidants, vitamins, minerals, and other important phytonutrients
- Contains 60+ nutrient-rich vegetables, fruits, herbs, algae, and mushrooms
- Supports a healthy immune system, digestive health, and boost of energy\*
- Features our MultiGreens™ proprietary oil blend, originally formulated by D. Gary Young
- Contains no artificial colors, flavors, fillers, sweeteners, or added sugars

## **ABOUT**

Try it in smoothies, juice, protein shakes, or even water for a quick and easy way to pack your day with nutrients!

Inside each serving, you'll find 50 fermented whole foods, five varieties of immune-supporting mushrooms, and wolfberry fruit and sprouted leaves from our Seed to Seal® farm in Ningxia, China. All that plant-based goodness is carefully extracted using a heat-free method so you can enjoy all the nutrients and benefits this unique blend has to offer.

Formulated with superfood ingredients, greens, and premium essential oils, NingXia Greens takes the guesswork out of your nutrition needs. All you have to do is scoop, stir, and enjoy!

### SUGGESTED USAGE

- Stir 1 scoop into a protein shake made with Pure Protein Complete<sup>™</sup> to support muscle recovery.\*
- Mix with 2 ounces of NingXia Red® and ½ cup of orange juice for a fruity, nutritious start to your day.
- Add 1 scoop to a fruit smoothie for an extra dose of fiber and plant-based omega-3s.
- Take with a probiotic like Life 9<sup>®</sup> or enzyme complex like Essentialzymes-4<sup>™</sup> for additional wellness support.\*

# **DIRECTIONS**

Mix 1 scoop in 4–6 ounces of water or beverage of your choice.

With NingXia Greens, getting your daily dose of fruits and greens is as simple as scooping our superfood powder into your favorite drink.

# NingXia Greens









### **INGREDIENTS**

Apple, Banana, Lemon, Wolfberry sprouted leaves, Alfalfa, Kale, Parsley, Broccoli, Fermented superfood blend (Grape, Brown rice, Carrot, Apple, Daikon radish, Cabbage, Celery, Cucumber, Banana, Onion, Burdock, Spinach, Pear, Orange peel, Tomato, Sweet pepper, Mung bean sprout, Eggplant, Lotus rhizome, Pumpkin, Shiitake mushroom, Ginger, Lettuce, Garlic, Japanese parsley, Udo, Asparagus, Bamboo grass, Clover, Kombu, Dandelion, Plantain, Green pea sprout, Japanese cedar, Parsley, Turnip, Pineapple, Strawberry, Knotweed, Chive, Chinese cabbage, Enokitake mushroom, Garland chrysanthemum, Mugwort, Oriental celery, Leek, Green perilla, Wakame seaweed), Chlorella, Ginger, Green pea, Maitake mushroom, Reishi mushroom, Turkey tail mushroom, Spirulina, Amla fruit, Moringa, Purslane, Wolfberry fruit, Secale cereale flower pollen extract, MultiGreens™ proprietary oil blend [Rosemary (Rosmarinus officinalis)† leaf oil, Lemon (Citrus limon)† peel oil, Lemongrass (Cymbopogon flexuosus)† leaf oil, Melissa (Melissa officinalis)† leaf and flower oil] bromelain, cellulase

†Premium essential oil

### **SAFETY**

Keep out of reach of children. If you are taking medication or have a medical condition, consult a health care practitioner prior to use. Not recommended for use during pregnancy or breastfeeding. May affect blood sugar levels; not recommended for those on diabetes treatment. Should not be taken in the weeks before or after surgery. May cause higher chance of kidney stones. May cause allergic reaction. Contains tomato and celery ingredients.

### **KEY INGREDIENTS**

- NingXia wolfberry fruit powder and sprouted leaves:
   Also known as goji berries, wolfberries come from an ancient plant, long praised in China for its powerful health benefits.
- Maitake, reishi, turkey tail, shiitake, and enokitake mushrooms: A source of soluble fiber known as beta glucans, these mushrooms help support a healthy immune system.\*
- NingXia Greens proprietary blend: A fermented superfood blend that delivers nutrients that are difficult to obtain from a typical diet, this proprietary combination also contains enzymes to support optimal digestion.\*
- Purslane: An edible succulent, this ingredient is one of the few vegetables that's rich in plant-based omega-3 fatty acids, vitamins, and minerals—including copper, magnesium, iron, manganese, and potassium, vitamin E, and vitamin C. Purslane is also a uniquely rich source of 184 phytochemical compounds, including phenolic acids, alkaloids, and flavonoids, which act as antioxidants.
- Secale cereale flower pollen extract: A nonallergenic and sustainably sourced extract that contains full-spectrum nutrients such as amino acids, phytosterols, fatty acids, carotenoids, flavonoids, vitamins, minerals, and enzymes, this extract is clinically shown to display antioxidant and detoxifying capacity and maintain cellular oxidative stress through significant decrease of GSSG (oxidized glutathione).\*
- MultiGreens<sup>™</sup> proprietary oil blend: The same combination of premium essential oils found in our MultiGreens supplement, this blend was originally formulated by D. Gary Young.

### **COMPLEMENTARY PRODUCTS**



NingXia Red® Item no: 3042



Essentialzymes-4™ Item no: 4645



Life 9° Item no: 18299



Inner Beauty™ Collagen Item No. 40578

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